

## DAY 1: AFTERNOON

Participants should select one (1) session during registration to the pre-conference.

All sessions will occur simultaneously at parallel tables in the conference hall. Participants also have the choice to use this time to create a project proposal and/or perfect their pitch using the help of esteemed mentors who will be walking around the room.

1.1	<p><b>PROPOSAL/PITCH PREP</b></p> <p>This slot will allow participants to work with their colleagues (new or old) to work on a project proposal to submit to the Packard Quality Innovation Challenge or to perfect their pitch for donors or the AmplifyChange competition. Mentors from esteemed organizations will be walking around to help you strengthen your work.</p> <p>Projects do not have to be pre-determined. This can be used as an opportunity to meet new youth and collaborate on something.</p> <p><b>Theme/Tag(s):</b> Start-up, pitch, proposal writing</p>
1.2	<p><b>ACHIEVING DREAMS THROUGH BIRTH CONTROL &amp; ADVOCACY</b></p> <p>This session will teach young people about contraception/birth control, GBV, reproductive health rights in different but fun ways. We expect participants to be able to go back and share what they learn with other young people.</p> <p><b>Host organization(s):</b> Action4Health Uganda, MSI Uganda</p> <p><b>Facilitators:</b> Caroline Nambeye and Angella Nalunga</p> <p><b>Theme/tag(s):</b> SRHR, education</p> <p><b>Language(s):</b> English</p>
1.3*	<p><b>AMPLIFYING YOUTH LED ADVOCACY EFFORTS: MOBILIZING FOR POLICY IMPACT IN FRANCOPHONE AFRICA</b></p>

	<p>In this session, participants will learn and share advocacy wins, challenges, and lessons learned coming from youth-led SRHR efforts across Francophone African countries. This session is intended to give young advocates space to share their experiences, in developing and implementing youth led SRHR advocacy initiatives.</p> <p><b>Host organization(s):</b> PopWorks Africa</p> <p><b>Facilitators:</b> Stephanie Kimou, PopWorks Africa, Tenin Traore MESSI Cote d'Ivoire</p> <p><b>Theme/tag(s):</b> Advocacy, Policy, Strategy Development</p> <p><b>Language:</b> French</p>
<p><b>1.4</b></p>	<p><b>BILLI NOW NOW! CO-CREATING YOUTH STORIES OF SEXUAL HEALTH AND RIGHTS</b></p> <p>This session - designed as a "hackathon" - will equip participants to engage with and leverage the "creative economy" of digital storytellers and artists to connect with fellow young people around their SRHR. Participants will also be able to provide input and real-time feedback to the tools and creative concepts being developed and deployed as part of a new regional campaign and help design new strategies for peer to peer education.</p> <p><b>Host organization(s):</b> Planned Parenthood Global</p> <p><b>Facilitators:</b> Stuart Sia</p> <p><b>Theme/tag(s):</b> communication, education</p> <p><b>Language:</b> English</p>
<p><b>1.5</b></p>	<p><b>EVIDENCE BASED ADVOCACY ON ADOLESCENT AND YOUTH SRHR: HOW TO DO IT!</b></p>

	<p>The session will equip young people with the understanding and skills to develop advocacy plans to advance adolescent and youth SRHR. Young people will learn how to use evidence (survey data, research studies, policies, etc), do power mapping of stakeholders, and leverage existing accountability mechanisms.</p> <p><b>Host organization(s):</b> Youth Champions Initiative (Rise Up, Public Health Institute)</p> <p><b>Facilitators:</b> Neha Mankani, Souvik Pyne</p> <p><b>Theme/tag(s):</b> Advocacy, Power mapping, Adolescent health</p> <p><b>Language:</b> English</p>
<p><b>1.6</b></p>	<p><b>LET'S END THE GLOBAL GAG RULE: BUILDING AN INTERNATIONAL EFFORT</b>  <b>Let's end the global gag rule: building an international effort</b></p> <p>This session will go over the Global Gag Rule and the work that can be done to repeal it. Attendees of this workshop will get plugged into organizing efforts that are already taking place, and will be able to collaborate to build campaigns for the future.</p> <p><b>Host organization(s):</b> Advocates for Youth</p> <p><b>Facilitators:</b> Khadija Khan</p> <p><b>Theme/tag(s):</b> Abortion, Advocacy</p> <p><b>Language:</b> English</p>
<p><b>1.7</b></p>	<p><b>LET'S GET SOCIAL: SOCIAL MEDIA STRATEGIES FOR YOUTH FAMILY PLANNING</b></p>

	<p>This session will support youth in developing a social media strategy and related content to support family planning knowledge, attitude, and behavior change. At the end of this session, youth will learn: How to do a social media landscape analysis, how to decide what media is best, how to create a social media plan and content strategy.</p> <p><b>Host organization(s):</b> YTH, Love Matters, Population Media Center</p> <p><b>Facilitators:</b> Laiah Idelson, Joy Kamikazi, Elsemieke de Jong, Kriss Barker</p> <p><b>Theme/tag(s):</b> Communications and Marketing, Technology and Innovation</p> <p><b>Language:</b> English</p>
<p><b>1.8</b></p>	<p><b>LET’S USE A CONDOM!</b></p> <p>At the end of this activity youth will learn myths and misconceptions of not using condoms, how to persuade sexual partners to use a condom, important reasons to keep using condoms.</p> <p><b>Host organization(s):</b> Public Health Institute, Rise Up, Youth Champion Initiative</p> <p><b>Facilitators:</b> Neelam Punjani, Claudia Romeu</p> <p><b>Theme/tag(s):</b> Advocacy, Sex Education, Communication, Awareness</p> <p><b>Language:</b> English</p>
<p><b>1.9*</b></p>	<p><b>MAKING SENSE OF ADOLESCENT AND YOUTH DATA</b></p> <p>Many gaps remain in the measurement, analysis, and use of adolescent and youth data to inform policies and programs on adolescent contraception in the context of their sexual and reproductive lives. This session will support adolescents and young people to understand commonly-used ASRH indicators, interpret meaning from data on these indicators, and</p>

	<p>know the ways that this data can be used to support research, improve programs, and advocate for adolescent and youth SRHR.</p> <p><b>Host organization(s):</b> WHO, UNC Chapel Hill, FP2020, Youth Health International</p> <p><b>Facilitators:</b> Venkatraman Chandra-Mouli, Ilene Speizer, Jason Bremner, Emily Sullivan, Mbencho Andrew Millan</p> <p><b>Theme/tag(s):</b> Research, evaluation</p> <p><b>Language(s):</b> English, French</p>
<p><b>1.10*</b></p>	<p><b>MOVING MOUNTAINS: A HANDS-ON HOW-TO SESSION ON EFFECTIVE ADVOCACY FOR POLICY CHANGE</b></p> <p>This session will engage youth leaders to develop their skills in how to communicate with policy audiences. Session participants will learn to understand how data and evidence can inform policy, use evidence for effective advocacy strategies, identify entry points for youth-led policy communication.</p> <p><b>Host organization(s):</b> PRB, IYAFP Kenya, IYAFP Burkina Faso</p> <p><b>Facilitators:</b> Saidou Sawadogo, Lucy Kiarie, Meredith Pierce</p> <p><b>Theme/tag(s):</b> Advocacy, Policy, Communications</p> <p><b>Language(s):</b> English, French</p>
<p><b>1.11</b></p>	<p><b>NOTHING FOR US WITHOUT US: ADVOCACY STRATEGIES FOR YOUTH HEALTH AND RIGHTS</b></p> <p>This session will showcase youth advocates working at the national and regional levels to advance health and rights for themselves and their peers - like youth access to SRHR and sex education. The session will equip participants to develop confidence and advocacy skills to: identify the policies that limit access to SRHR; develop evidence based advocacy messages, and effective tactics for influence; and to develop a national action plan.</p>

	<p><b>Host organization(s):</b> Planned Parenthood Global &amp; Marie Stopes International</p> <p><b>Facilitators:</b> Chloe Cooney, Bethan Cobby</p> <p><b>Theme/tag(s):</b> advocacy, CSE</p> <p><b>Language(s):</b> English</p>
<p><b>1.12*</b></p>	<p><b>QUIZ: HOW WELL DO YOU REALLY KNOW SRHR?</b></p> <p>Test youth knowledge on SRHR in a fun and interactive way through a “team quiz” that helps dispel myths, while sharing data and facts. The quiz will have different rounds (picture round, true/false, open questions) and encourage team members to interact and share experiences and knowledge. Questions will focus in particular on adolescent &amp; youth SRHR. We will email partners the quiz and make sure it can be initiated easily in communities.</p> <p><b>Host organization(s):</b> UNFPA</p> <p><b>Facilitators:</b> Liana Moro and Christelle Favre, UNFPA</p> <p><b>Theme/tag(s):</b> CSE, education, games</p> <p><b>Language(s):</b> English, French</p>
<p><b>1.13</b></p>	<p><b>SDG #5 AND ADOLESCENCE: ACHIEVING GENDER EQUALITY BY 2030</b></p> <p>Develop perspectives on priorities for achieving gender equality, help identify youth champions for placing adolescents at the center of SDG#5, developing strategies for influencing and impacting global agencies, donors, and NGOs towards SDG 5.</p> <p><b>Host organization(s):</b> Johns Hopkins University</p>

	<p><b>Facilitators:</b> Robert Blum</p> <p><b>Theme/tag(s):</b> Advocacy, Policy</p> <p><b>Language:</b> English</p>
<p><b>1.14</b></p>	<p><b>STEP UP YOUR GAME: ADVOCACY AND NETWORKING</b></p> <p>In this session, participants will articulate their passion, values and action into a coherent vision that will support them in their advocacy during ICFP and beyond. You will learn how to map out and categorize the stakeholders related to their advocacy and be guided to build your own customized strategies to interact with these stakeholders during their participation in ICFP.</p> <p><b>Host organization(s):</b> UNFPA</p> <p><b>Facilitators:</b> Irem Tumer, Mandira Paul</p> <p><b>Theme/tag(s):</b> Leadership and Management, Advocacy, Skills Building</p> <p><b>Language:</b> English</p>
<p><b>1.15</b></p>	<p><b>TALKING ABOUT ABORTION</b></p> <p>The aim of this session will be for young people to gain a better understanding of what abortion is and the reasons why it is important to talk about it. We will discuss where young people receive information on abortion and whether the information is factually true while considering the reasons why women choose to have abortions.</p> <p><b>Host organization(s):</b> IPPF</p> <p><b>Facilitators:</b> Darcy Weaver</p>

	<p><b>Theme/tag(s):</b> Abortion and advocacy</p> <p><b>Language:</b> English</p>
<p><b>1.16</b></p>	<p><b>TANTINE PLAYING CARDS: OPENING CONVERSATION ON SEXUAL AND REPRODUCTIVE HEALTH</b></p> <p>Parents and teachers struggle to initiate, lead and handle conversation on sexual and reproductive health with children. In this session you will learn about a game that will solve this problem. This card game teaches children (and adults) all the basics on SRHR; calculation of ovulation and menstruation cycle, protection of sexual intercourse, consequences of unprotected sex, name it. Join us to learn more about it!</p> <p><b>Host organization(s):</b> Tantine Group Ltd</p> <p><b>Facilitators:</b> Muzungu Hirwa Sylvain, Uhirwa Sylvie</p> <p><b>Theme/tag(s):</b> Games, sex education, communication, adolescent health</p> <p><b>Language(s):</b> English, French</p>
<p><b>1.17</b></p>	<p><b>TEAM DEVELOPMENT AND ORGANIZATIONAL CHANGE</b></p> <p>Are you trying to balance school, family relationships, your interest in building a career, and leading an organization? This is session is for YOU. We will tackle the main threats that makes a team unsuccessful and will navigate you through key points of team building, structuring and change, and conflict management.</p> <p><b>Host organization(s):</b> AfriYAN-RWANDA</p> <p><b>Facilitators:</b> Dr Magnifique Irakoze, Mrs Hellen Nomugosha</p> <p><b>Theme/tag(s):</b> Team Development and Organization Change</p>

	<b>Language:</b> English
<b>1.18</b>	<p><b>TELL IT LIKE IT IS: ORAL STORYTELLING FOR SEXUAL AND REPRODUCTIVE HEALTH AND RIGHTS</b></p> <p>Storytelling is a powerful way to share health knowledge and to make the case for SRHR to decision makers. Particularly in traditional societies and in communities with limited access to print or digital media, oral storytelling is an essential and effective way to connect and communicate with our audiences. This workshop will offer practical tips and tools to ensure that we maximize the impact of our oral storytelling for SRHR and will give participants a chance to practice and grow comfortable with these simple techniques.</p> <p><b>Host organization(s):</b> Knowledge for Health (K4Health) at the Johns Hopkins Center for Communication Programs (CCP)</p> <p><b>Facilitators:</b> Liz Futrell, Patrick Segawa</p> <p><b>Theme/tag(s):</b> storytelling, communications, advocacy, skills-building</p> <p><b>Language:</b> English</p>
<b>1.19</b>	<p><b>THEATRE OF TABOO</b></p> <p>This is a session to learn expression through theatre and performance about what we think is taboo and why we have bias. Join in for a fun-filled, interactive workshop. Walk away with learnings of SRHR, theatre and thyself!</p> <p><b>Host organization(s):</b> Creative Alley and Rise Up</p> <p><b>Facilitators:</b> Claudia Romeu, Neelam Punjani, Naureen Lalani</p> <p><b>Theme/tag(s):</b> arts, movement, SRHR, theatre, taboo, disability, minorities, youth</p> <p><b>Language:</b> English</p>
<b>1.20</b>	

	<p><b>VISUAL STORY TELLING FOR CHANGE</b></p> <p>This visual story telling session will equip young people with the skill and art of using visuals (pictures and infographics) to effectively communicate facts, experiences, opportunities and challenges that they face in fully realizing their sexual and reproductive health and rights. Participants will leave with an understanding of the opportunities to use visual storytelling in their own advocacy work and with some practical tips they can use to do so.</p> <p><b>Host organization(s):</b> Uganda Youth and Adolescent Health Forum, Uganda</p> <p><b>Facilitators:</b> Precious Mutoru, Patrick Mwesigye</p> <p><b>Theme/tag(s):</b> Leadership, Communication</p> <p><b>Language:</b> English</p>
1.21	<p><b>PARTNERING IN FAMILY PLANNING AND YOUTH AT THE FOREFRONT</b></p> <p>This session - designed as a "hackathon" will equip participants to engage with and leverage the "partnering in family planning by preventing we good they bad metaphor" - this come as session to empower and encourage youth to involve in family planning even though in some countries it's well established but we have to empower others as an ambassadors i their country in way of boost up human health sustainably. as demographic dividend describe that with well managed birth rate and death rate economic of country will increase we want to work on it in every corner includes family planning.</p> <p><b>Host organization(s):</b> IYAFP/RWANDA</p> <p><b>Facilitators:</b> Harerimana Grace james, Pacific and TEGERA JMV</p> <p><b>Theme/tag(s):</b> partnering in family planning advocacy</p> <p><b>Language:</b> English</p>

## DAY 2: MORNING

Participants should select one (1) session during registration to the pre-conference.  
All sessions will occur simultaneously at parallel tables in the conference hall.

2.1\*

### HOW TO BE AN EXCELLENT POSTER JUDGE\*

**Facilitators:** Jane Otai (TBC)

\*Note: This session is mandatory for ICFP Youth Speakers

**Language(s):** English, French

2.2

### PUBLIC SPEAKING: HOW TO GIVE A GOOD PRESENTATION\*

The objective of this session is to provide participants will skills for public speaking, with a special focus on preparing those with speaking roles at ICFP. The session will focus on the key steps to be taken to give an effective presentation including: knowing your audience, managing time, use of slides, verbal and nonverbal communication. Participants will have the opportunity to practice giving an “elevator speech” (a one-minute speech on an issue of importance to you).

**Facilitator:** Robert Blum (JHSPH) TBC

\*Note: This session is mandatory for ICFP Youth Speakers

**Language:** English

2.3

### THE POWER OF MAKING MEDIA\*

**Facilitators:** Fila Magnus, Rebecca Bell, Ankita Khanna

	<p>*Note: This session is mandatory for ICFP Youth media makers</p> <p><b>Language:</b> English</p>
<p><b>2.4*</b></p>	<p><b>YOUTH PLENARY PREP: DIVERSITY IN FAMILY PLANNING MONOLOGUES*</b></p> <p><b>Facilitators:</b> Kate Baye-Easton, Marietta Wildt, Nthanda Manduwi</p> <p>*Note: This session is mandatory for ICFP Youth plenary speakers</p> <p><b>Language(s):</b> English, French</p>
<p><b>2.5*</b></p>	<p><b>THE ART OF MODERATING*</b></p> <p>This will be a highly interactive session that will allow participants to develop and practice core skills for moderating and leading discussions, including session preparation, appropriate tools, opening the session, managing time effectively, using effective communication techniques, managing questions/answers and group dynamics, dealing with conflict, and closing sessions in a memorable way. This is a workshop in which participants will learn from each other and have an opportunity to practice core facilitation skills.</p> <p><b>Facilitator:</b> Laura Hoemeke (IntraHealth International) TBC, Marta Pirzadeh (FHI 360)</p> <p>*Note: This session is mandatory for ICFP Youth moderators</p> <p><b>Language(s):</b> English, French</p>
<p><b>2.6</b></p>	<p><b>CHANGING THE RULES: HOW CAN YOUNG PEOPLE CHALLENGE LAWS AND POLICIES THAT DENY WOMEN AND GIRLS THEIR REPRODUCTIVE RIGHTS?</b></p>

Participants will learn from and share experiences with other youth activists who have worked on policy and advocacy to change laws, policies and other rules in their countries around women and girls' rights, especially related to access to contraception. What works and what are the best practices?  
This workshop will see participants walk away with increased knowledge on different regions policy and law advocacy experiences, will share their country/ regional experiences of policy and law advocacy, and will develop a presentation/ communique on key policy and law issues affecting them.

**Host organization(s):** SheDecides, CIFF, ARASA

**Facilitators:** Mallah Tabot

**Theme/tag(s):** Advocacy

**Language:** English

2.7

**COMMUNICATING WITH IMPACT: PUTTING YOUR STAKEHOLDERS FIRST**

The very best communications efforts start with your audience, or stakeholders, not with what you want to say. You can write the very best report or create a beautiful website but if they don't resonate with the people you most need to reach, your efforts were wasted. This workshop will offer you a chance to think through which stakeholders are the most important to the success of your organization or work. Participants will leave with a greater understanding of the process of ensuring that their communications products – both digital and print – will have greater meaning to their stakeholders.

**Host organization(s):** FP2020

**Facilitators:** Tamar Abrams

**Theme/tag(s):** Communications, Advocacy

**Language:** English

<p>2.8</p>	<p><b>CONFIDENCE IN ADVOCATING: A TOOLKIT, DATA, ROLE PLAYS AND PRIYANKA CHOPRA</b></p> <p>This session prepares youth to return to their countries and confidently engage stakeholders to advocate for issues that affect their lives. Referencing the Advocating for Change for Adolescents! toolkit which will remain as the resource participants can turn to throughout their processes, the session will focus on the meaningful use of data, policy analysis, and other techniques for advancing a cause. We will also try to feature a live video stream with Priyanka Chopra and a group of youth from India (TBC), who will offer celebrity tips on engaging stakeholders, which participants will then role-play!</p> <p><b>Host organization(s):</b> PMNCH/AYC, World Vision International, Women Deliver</p> <p><b>Facilitators:</b> AYC Youth Facilitator, Michele Gaudrault, World Vision International, Mariama Kabia</p> <p><b>Theme/tag(s):</b> Advocacy, preparing and pitching</p> <p><b>Language:</b> English</p>
<p>2.9</p>	<p><b>COUNT ME IN: YOUTH-LED ACCOUNTABILITY FOR FAMILY PLANNING</b></p> <p>The session will introduce participants to the principles of youth-led accountability and how to apply it to family planning commitments and programs. It will utilize breakout groups led by young people actively engaged in youth-led accountability addressing: “how young people can initiate youth-led accountability activities”, “how governments can support youth-led accountability initiatives” and “strategizing for a global initiative on youth-led accountability for family planning”.</p> <p><b>Host organization(s):</b> Restless Development, UYAHF, SAT</p> <p><b>Facilitators:</b> Kelly Thompson, Patrick Mwesigye and Levi Singh</p> <p><b>Theme/tag(s):</b> Accountability, Advocacy</p>

	<p><b>Language:</b> English</p>
<p><b>2.10</b></p>	<p><b>EAST AFRICAN YOUTH CAUCUS</b></p> <p>This session will enable young people from the East African region to exchange updates, lessons learned and upcoming advocacy plans around efforts to advance SRHR for young people in the region. Session participants will develop advocacy strategies to pursue over the course of the conference to advance national and regional goals. The session will facilitate strategy discussions as well as provide tools and training to take advocacy strategies to the next level.</p> <p><b>Host organization(s):</b> Planned Parenthood Global</p> <p><b>Facilitators:</b> Chloe Cooney, Miriam Tusiimire</p> <p><b>Theme/tag(s):</b> East Africa, Advocacy</p> <p><b>Language:</b> English</p>
<p><b>2.11*</b></p>	<p><b>"FOR REAL! POUR DE VRAI!"</b></p> <p>Lay the foundation for the first ever universal minimal standards for meaningful youth engagement in SRHR, and contribute to transforming all those commitments to involving youth, into action and results. Youth fire the starting signal for the creation of universal minimal standards necessary to allow them to engage fully in the development, implementation and follow-up of those policies, programs and budget decisions that concern them! In turn, youth will build consensus and outline what it is they need to do to be the most effective advocates.</p> <p><b>Host organization(s):</b> PAI</p> <p><b>Facilitators:</b> Lou Compernelle, Nina Kone (YTH)</p> <p><b>Theme/tag(s):</b> Advocacy</p>

	<p><b>Languages:</b> English, French</p>
<p><b>2.12</b></p>	<p><b>HOW TO TALK ABOUT FAMILY PLANNING AND SRHR IN EMERGENCIES</b></p> <p>This session will enable participants to gain understanding of SRHR in emergency contexts and the key challenges. They will also have the opportunity to develop advocacy key messages towards policy makers on these issues.</p> <p><b>Host organization(s):</b> Plan International UK and Plan International Rwanda</p> <p><b>Facilitators:</b> Bekky Ashmore, Joseline, Nayla</p> <p><b>Theme/tag(s):</b> Advocacy; SRHR knowledge</p> <p><b>Language:</b> English</p>
<p><b>2.13</b></p>	<p><b>MEANINGFUL YOUTH PARTICIPATION: HOW TO WORK WITH PRACTICAL TOOLS TO ASSESS AND IMPROVE YOUR PARTICIPATION</b></p> <p>Young people will experience what it is like to participate in a (non) meaningful way. From this experience, they will learn about the concept and theory on meaningful youth participation (MYP), which form the basis of practical tools to analyze and integrate MYP. Equipped with these tools, young people will be able to make their and other young people's participation more meaningful.</p> <p><b>Host organization(s):</b> CHOICE for Youth &amp; Sexuality, Talent Youth Association</p> <p><b>Facilitators:</b> Jannemiek Evelo, Yordanos Wolde</p> <p><b>Theme/tag(s):</b> Advocacy, youth participation, youth leadership, skill building</p> <p><b>Language:</b> English</p>

<p><b>2.14</b></p>	<p><b>NAVIGATING TRANSITIONING FOR YOUTH AND YOUTH ADVOCATES</b></p> <p>This session will enable participants to explore challenges related to transition from youth led organization as they get older and no longer in youth bracket and how to plan for successful transition. It will involve practical experience from youth advocates who have transitioned successfully or are nearing full transition from Africa and Europe. One of the facilitators is Former Dutch Youth Ambassador for SRHR (2016-17). This will enable participants to appreciate that transition is possible and a great thing as well as the ONLY way we can ensure Meaning Youth Participation for younger youth. Without transition space shrinks. Facilitators will explore with youth the opportunities and skills required.</p> <p><b>Host organization(s):</b> IPPF AR/RHRN/Rutgers</p> <p><b>Facilitators:</b> Sanne Thijssen, Lewis Houston, Anne A. Sizomu</p> <p><b>Theme/tag(s):</b> Career development, skills development, Leadership, Networking, Advocacy</p> <p><b>Language:</b> English</p>
<p><b>2.15</b></p>	<p><b>#THEPOWEROF YOUTH: TAKING ADVOCACY TO THE STREETS</b></p> <p>In the era of 'clicktivism' and social media campaigns, this session aims to encourage youth activists to think beyond their keyboards and find new creative methods to advocate. Focusing particularly on non-traditional public forms of advocacy, this session aims to provide participants with the skills, tools and community to craft and execute their own advocacy plan.</p> <p><b>Host organization(s):</b> Women Deliver</p> <p><b>Facilitators:</b> Women Deliver Young Leaders (TBD) + Women Deliver staff (final names TBD)</p> <p><b>Theme/tag(s):</b> Advocacy, Skill building, Leadership and Management</p> <p><b>Language:</b> English</p>

<b>2.16</b>	<p><b>UNDERSTANDING THE 5WS OF ADVOCACY AND LOBBYING</b></p> <p>Learn to define and understand the who-what-where-when-whys of both advocacy and lobbying in the context of SRHR. Participants will walk away with advocacy issues that they will take home as well as tips and tricks to guide their advocacy from messaging, social media, stakeholders, and programs to implement.</p> <p><b>Host organization(s):</b> Youth Equality Centre, UYAFPAH, IPPF</p> <p><b>Facilitators:</b> Ali Kaviri, Amanda Banura, Anne Sizom</p> <p><b>Theme/tag(s):</b> Advocacy, influencing, lobbying, policy</p> <p><b>Language:</b> English</p>
<b>2.17</b>	<p><b>USING YIELD FINDINGS TO ADVOCATE FOR YOUTH PARTICIPATION AND LEADERSHIP IN AYSRHR</b></p> <p>The Youth Investment, Engagement, Leadership and Development study generated field-based findings and recommendations that highlight the unique value and results of youth participation to improve AYSRHR policies, programs and services. The session will present key study findings, validate findings based on the experience of youth participants and engage them in an open brainstorm about how the findings can be utilized to best support their AYSRHR roles.</p> <p><b>Host organization(s):</b> Packard Foundation</p> <p><b>Facilitators:</b> Jennifer Catino</p> <p><b>Theme/tag(s):</b> Evidence, Advocacy</p> <p><b>Language:</b> English</p>

<p><b>2.18</b></p>	<p><b>USING YOUTH-CENTERED DESIGN FOR YOUTH-POWERED HEALTHCARE</b></p> <p>Human-centered design is an exciting approach to help us reignite the way healthcare is designed and delivered for young people. In this session, we focus on one of human-centered design's fundamental elements: empathy. We will learn about the role of empathy in human-centered design, discuss ethics considerations when conducting human-centered design research, and practice empathy-building activities that can be used by young people and adults (e.g. health providers) to better communicate with one another about sex and sexual and reproductive health.</p> <p><b>Host organization(s):</b> IDEO, PSI</p> <p><b>Facilitators:</b> Rena Greifinger, Jessa Blades</p> <p><b>Theme/tag(s):</b> Technology and innovation</p> <p><b>Language:</b> English</p>
<p><b>2.19</b></p>	<p><b>WORLD VASECTOMY DAY: WHY AND HOW TO ENGAGE MEN IN FAMILY PLANNING USING CREATIVE MEDIA</b></p> <p>Engaging men in family planning improves gender equality, reduces gender violence and reduces unmet need for contraception. Yet, men only constitute 21% of family planning use worldwide. How can we better reach men with messaging about contraception and sexual and reproductive health using just the phones in our hands? Come learn from 5 years of clever media development with World Vasectomy Day</p> <p><b>Host organization(s):</b> World Vasectomy Day</p> <p><b>Facilitators:</b> Alison Hoover</p> <p><b>Theme/tag(s):</b> Male involvement, media, social media, communications</p> <p><b>Language:</b> English</p>

2.20

**STEP UP YOUR GAME: STORYTELLING AND CROSS-CULTURAL AWARENESS**

Participants will enhance their effective communication by learning to apply active listening and expressive communication skills in order to purposefully collaborate for change. We will also explore public speaking skills through understanding how to effectively develop an impactful narrative that encapsulates their stories and targets their audience in a relevant way. Participants will be introduced to frameworks and tools that will strengthen their ability to navigate multicultural contexts, bridging cultural and personal differences.

**Host organization(s):** UNFPA

**Facilitators:** Irem Tumer, Mandira Paul

**Theme/tag(s):** Leadership and Management, Communications, Networking

**Language:** English

2.21

**TAKE CARE OF YOURSELF! SELF-CARE INTERVENTIONS FOR SRHR**

Self-care interventions in sexual and reproductive health, include, but are not limited to: self-injection of contraceptives, self-testing for sexually transmitted infections and pregnancy, self-medication for abortion and pre/post-exposure prophylaxis for HIV or self-monitoring of fertility. The goals of this session are for participants to look at SRH services from provider's and user's perspective; to gather recommendations for the training and actions for health professionals to be champions for sexual and reproductive health and rights; to consult on the views and preferences of participants towards self-care and self-initiated interventions and gather recommendations for the training and actions for health professionals to be champions for SRHR.

**Host organization(s):** World Health Organization

**Facilitators:** Michalina Drejza

**Theme/tag(s):** SRHR, Self-Care

**Language:** English

## DAY 2: AFTERNOON

3.1

### ADDRESSING 'THE ELEPHANTS' IN FAMILY PLANNING

This session will help participants understand the significance of gender transformative programming when it comes to championing family planning for young people. Participants will also learn how to design gender transformative programs and also learn useful ways of measuring impact.

**Host organization(s):** The YP Foundation

**Facilitators:** Manasa Priya Vasudevan, Pallavi Agarwal

**Theme/tag(s):** SOGI, SRHR, Advocacy, skill building, leadership

**Language:** English

3.2\*

### ASKING THE RIGHT QUESTIONS FOR UNDERSTANDING ADOLESCENT AND YOUTH FP PRIORITIES

This session provides skills on asking survey questions and approaches to collecting data to help prepare youth to obtain information relevant to engage stakeholders to address their needs. We will look together at an actual survey and results and discuss ways to better ask questions to obtain the information most relevant to young people.

**Host organization(s):** Carolina Population Center (Full Access, Full Choice Project)

**Facilitators:** Ilene Speizer, Jane Otai, Norhan Bader (YTH)

**Theme/tag(s):** Research and evaluation

**Languages:** English, French

3.3

### **COALITION BUILDING FOR ADVOCACY**

This workshop aims to obtain knowledge and exchanging experience among youth on the importance, effectiveness and efficiency of working as a coalition in advocacy activities when moving forward the youth Agendas within a country and globally . The workshop also aims to show the difference of conducting advocacy activities between an organization and a coalition in terms of support, network,safety for advocacy efforts, effective utilization of resource and exchange of information.

**Host organization(s):** TAYARH COALITION(Tanzania youth and adolescent reproductive health coalition)

**Facilitators:** Otuck William, Jennifer Kayombo, Ninabina Davie

**Theme/tag(s):** Advocacy, leadership and management, communication

**Language:** English

<p><b>3.4</b></p>	<p><b>DEVELOPING SMART ADVOCACY STRATEGIES</b></p> <p>Learn a new skill and refine your ability to develop a SMART advocacy strategy. The goal of the session is for each participant to have a SMART advocacy objective related to improving AYSRH in their own context.</p> <p><b>Host organization(s):</b> PAI</p> <p><b>Facilitators:</b> Allie Doody, Yordi Wolde, Natasha Salifyanji Kaoma</p> <p><b>Theme/tag(s):</b> Advocacy, policy, strategy development, critical thinking</p> <p><b>Language:</b> English</p>
<p><b>3.5</b></p>	<p><b>D.I.Y PADS - MAKE YOUR OWN RE-USEABLE PADS</b></p> <p>The session is designed to introduce the audience to all the products available in the market for menstrual management and to talk about every product in details in terms of cost, functionality, usage, management, etc. We'll also be teaching the audience how to make and maintain their own low cost eco-friendly re-useable cloth pads. Everyone will get material and stencil to make their own pads during the sessions.</p> <p><b>Host organization(s):</b> Safe Access and Rise Up</p> <p><b>Facilitators:</b> Shubham Choudhary, Marlo Barrera, Claudia Romeu</p> <p><b>Theme/tag(s):</b> Menstrual Health, D.I.Y, Eco friendly</p> <p><b>Language:</b> English</p>
<p><b>3.6</b></p>	<p><b>DRIVING LOCAL ACTION TO TRACK FP2020 COMMITMENTS</b></p> <p>This session will empower young people to track government commitments to FP2020, identify barriers and actions to accelerating progress and strengthen young people's capacity to hold governments accountable for global commitments. Participants will learn about the Motion Tracker – an innovative and customized framework</p>

	<p>for strengthening accountability and driving action at the national and subnational levels. This interactive session will be run in English and will only be useful to those in FP2020 countries.</p> <p><b>Host organization(s):</b> FP2020 and Samasha Foundation</p> <p><b>Facilitators:</b> Moses Muwonge (Uganda), Manasa Priya (India), Natasha Salifyanji Kaoma (Zambia)</p> <p><b>Theme/tag(s):</b> Advocacy, Accountability</p> <p><b>Language:</b> English</p>
3.7	<p><b>FINANCES 101: HOW TO BUDGET, REPORT TO DONORS, AND ENSURE FINANCIAL COMPLIANCE</b></p> <p>Every project or activity requires some form of financing. In this session we'll explore some techniques on how to prepare budgets, what are some of the key reporting elements to donors and basic financial literacy.</p> <p><b>Host organization(s):</b> IYAFP</p> <p><b>Facilitators:</b> Kemar Holder</p> <p><b>Theme/tag(s):</b> Budgeting, Proposal writing</p> <p><b>Language:</b> English</p>
3.8	<p><b>GLOBAL AND REGIONAL FRAMEWORKS AND MECHANISMS: THE WHAT, THE WHY AND THE HOW TO USE THEM.</b></p> <p>This session will introduce participants to global and regional human rights mechanisms and frameworks relevant for SRHR and build their skills to utilize these frameworks and mechanisms in their advocacy work.</p> <p><b>Host organization(s):</b> Plan International UK, Center for Reproductive Rights and Countdown 2030 Europe</p>

	<p><b>Facilitators:</b> Bekky Ashmore, Selome Argaw (CRR), Joke Lannoye</p> <p><b>Theme/tag(s):</b> Advocacy; SRHR knowledge</p> <p><b>Language:</b> English</p>
3.9*	<p><b>HOW DO YOU KNOW SUCCESS? SOME PRINCIPLES AND TOOLS FOR EVALUATING YOUR ADOLESCENT AND YOUTH PROJECTS</b></p> <p>Young people who are involved in youth-focused projects should not only participate in the program offering but also should contribute to its design and evaluation, offering their own perspectives and analyses. By the end of our interactive session, participants will 1) Understand why we evaluate programs and activities; 2) Learn key evaluation principles, including youth-adult partnership in evaluation; 3) Develop basic understanding of steps to conducting evaluations; and 4) Gain planning and data collection skills using a real-life example from Growing up Great! evaluation led by adolescents in Kinshasa, DRC.</p> <p><b>Host organization(s):</b> Institute for Reproductive Health</p> <p><b>Facilitators:</b> Eric Mafuta, Pierrot Mbela, Susan Igras</p> <p><b>Theme/tag(s):</b> Leadership, Program evaluation</p> <p><b>Languages:</b> English, French</p>
3.10	<p><b>INNOVATE 4 FAMILY PLANNING</b></p> <p>Innovative ways of programming youth projects based on promoting and enhancing FP service delivery and information to adolescents and youth.</p> <p><b>Host organization(s):</b> African Youth Adolescents Network on Population and Development (AfriYAN ESA)</p> <p><b>Facilitators:</b> Remmy Shawa, Tikhala Itaye, Lorence Kabasele</p>

	<p><b>Theme/tag(s):</b> Advocacy, Technology and Innovation, Service Delivery</p> <p><b>Language:</b> English</p>
<p>3.11</p>	<p><b>LOVE BY DESIGN: DESIGNING INNOVATIVE INTERVENTIONS VIA POSITIVE YOUTH DEVELOPMENT AND HUMAN-CENTERED DESIGN</b></p> <p>Through this session, youth will learn design skills using adolescent health and family planning case scenarios so they can co-design solutions with adult allies. In addition, the skills and tools attained will help them get internships and possibly employment at youth focused local projects and agencies. At the end of the workshop, youth will walk away with: 1) Design skills, 2) Ethnographic knowledge, 3) Ideation and Prototyping skills.</p> <p><b>Host organization(s):</b> YTH, YLabs</p> <p><b>Facilitators:</b> Laiah Idelson, Rebecca Hope, Nicole Ippoliti, Mireille Umutoni, Happy Tahirih</p> <p><b>Theme/tag(s):</b> HCD, design, human-centered design, ideation, prototyping</p> <p><b>Language:</b> English</p>
<p>3.12</p>	<p><b>NO BACKING DOWN: YOUTH COUNTERING OPPOSITION AGAINST FP AND SRHR</b></p> <p>The session will enable youth participants to understand current tactics by opposition and how attacks on SRHR impacts youth access to services by ALL youth and leads to retrogressive policies and strategies at local, national, regional and integrational levels. The participants will learn different tactics of countering opposition effectively using both legislative and other means like Social Media and dialogues as well as managing risks. Technical support and experience sharing will happen for participants beyond ICFP 2018 to ensure that skills are utilized and those that need some online support can continue to engage and join the movement</p> <p><b>Host organization(s):</b> IPPF AR/RHRN, Youth Engage, CEHURD, NAYA</p> <p><b>Facilitators:</b> Ashley Ngwenwa, Specioza Avako,, Victor Rasugu</p>

	<p><b>Theme/tag(s):</b> Advocacy, Skills Building for countering opposition, Policy Maker engagement and strategy development.</p> <p><b>Language:</b> English</p>
<p><b>3.13</b></p>	<p><b>NO PRODUCT, NO PROGRAM! HOW TO ADVOCATE FOR INCREASED ACCESS TO REPRODUCTIVE HEALTH SUPPLIES IN YOUR COUNTRY</b></p> <p>You believe contraceptives and menstrual health products are not accessible enough for young people and you want to do something about it but you don't know where to start? This workshop will give you a better understanding of the importance of availability of contraceptives and menstrual health products and will help you to develop a set of skills to become the strongest youth advocate around reproductive health supplies in your country.</p> <p><b>Host organization(s):</b> RHSC, SERAC Bangladesh, Simavi</p> <p><b>Facilitators:</b> Morillio Williams, Sadia Rahman</p> <p><b>Theme/tag(s):</b> Advocacy, youth, reproductive health supplies</p> <p><b>Language:</b> English</p>
<p><b>3.14*</b></p>	<p><b>NOT WITHOUT US! A DIGITAL TOOL TO PROMOTE AYSRH-RESPONSIVE PLANNING AND BUDGETING</b></p> <p>Participants will learn about a free new digital tool designed to help youth and their allies analyze how well countries' FP2020 costed implementation plans (and other plans too!) respond to youth SRH needs. The tool enables users to learn what proportion of a plan's activities and budget are devoted to AYSRH and compare that with country-level data. It also provides a chance for users to assess how aligned individual activities are with evidence-informed practices and to strengthen them. Not without us! is intended to serve as an advocacy tool to promote strengthened and adequately-funded AYSRH programming globally. Sessions will be run simultaneously in French and English, both supported by youth activities.</p> <p><b>Host organization(s):</b> Evidence to Action Project - Pathfinder International</p>

	<p><b>Facilitators:</b> Ginette Hounkanrin, Yvan N'gadi Kotchi, Eric Ramirez-Ferrero</p> <p><b>Theme/tag(s):</b> Planning, budgeting, advocacy</p> <p><b>Languages:</b> English, French</p>
3.15	<p><b>OVERCOMING YOUR FEAR OF NETWORKING</b></p> <p>This interactive session will help participants overcome the 'fear' of networking by offering 'tips and tricks' on how to interact with strangers at conferences and events and how to get a message across in a limited amount of time. Through a fun, role play exercise, participants will not only get to know some of the pre-conference's youth, but also practice their networking skills, share best practices and fun anecdotes. Useful tools and resources will be shared providing practical examples on how to boost confidence and make a great first impression.</p> <p><b>Host organization(s):</b> UNFPA</p> <p><b>Facilitators:</b> Liana Moro, Christelle Favre</p> <p><b>Theme/tag(s):</b> Networking, advocacy, public speaking, connections, pitching</p> <p><b>Language:</b> English</p>
3.16	<p><b>PLAN YOUR OWN NATIONAL CONFERENCE: EXPERIENCES FROM YOUTH IN BANGLADESH</b></p> <p>This session will enable the youth participants to design a prototype of their own national youth conference in respective countries, and learn how to harvest the outcome of the event to scale up and re-organize it further. It will offer the participants with tools, information, networking, and guidelines to host a national youth conference. The session outcomes will be followed up with close mentoring of the participants if they require technical supports even beyond the ICFP2018. It will significantly contribute to the accessibility and voice raising capacity of young people and accelerate the family planning movement among young people across the world.</p> <p><b>Host organization(s):</b> SERAC-Bangladesh, IYAFP Bangladesh</p>

	<p><b>Facilitators:</b> SM Shaikat, Sadia Rahman</p> <p><b>Theme/tag(s):</b> Skill Building, Strategic Communications, Advocacy, Innovation</p> <p><b>Language:</b> English</p>
<p>3.17</p>	<p><b>PRODUCING AMAZ(ING) SEXUALITY EDUCATION VIDEOS: LESSONS FROM THE AMAZE INITIATIVE FOR YOUTH-LED VIDEO CONTENT CREATION AND PRODUCTION</b></p> <p>During this session, the facilitators will share lessons learned from the Amaze campaign on how to produce high quality sex-ed videos for youth and engage participants in hands-on learnings to give youth skills on key steps of producing and promoting sex-ed videos.</p> <p><b>Host organization(s):</b> YTH, Advocates for Youth</p> <p><b>Facilitators:</b> Khadija Khan, Laiah Idelson, Willy Mutabazi</p> <p><b>Theme/tag(s):</b> videos, sex education, digital storytelling, storyboards, communication, production</p> <p><b>Language:</b> English</p>
<p>3.18</p>	<p><b>SO, YOU'VE GOT THEIR ATTENTION, NOW WHAT? EVIDENCE-BASED STRATEGIES TO INCREASE CONTRACEPTIVE USE AMONG MARRIED YOUTH AND FIRST-TIME PARENTS.</b></p> <p>The goal for this presentation is to share evidence from SRH programming for married youth and first-time parents (FTPs), and help transform young FP activists into well-informed advocates by preparing them with evidence-based strategies that can inform their input with country-level partners or policy makers. Participants will: 1) learn from a range of programs targeting married youth and first-time parents to increase use of contraception – with a focus on the learning related to social norm and behavior change approaches, scalability, and sustainability; 2) Practice applying learnings in various country contexts by developing and practicing evidence-based advocacy messages.</p> <p><b>Host organization(s):</b> Pathfinder International</p>

	<p><b>Facilitators:</b> Caitlin Corneliess, Habeeb Salami</p> <p><b>Theme/tag(s):</b> Advocacy, SRHR knowledge</p> <p><b>Language:</b> English</p>
3.19*	<p><b>SKILLS BUILDING ON EFFECTIVE FP ADVOCACY VIA A YOUTH EXCHANGE APPROACH</b></p> <p>Participants will learn from and engage with one another and advocacy experts around specific advocacy-related topics. A youth advocacy exchange creates a safe space for youth advocates from around the world to come together to learn from and support one another. Rather than telling youth about advocacy, this approach enables them to be active participants in their own capacity-strengthening, empowering them with the advocacy tools, information and confidence they need to take action on FP/RH.</p> <p><b>Host organization(s):</b> Amref Health Africa, SOS/jeunesse</p> <p><b>Facilitators:</b> Célestin Compaore</p> <p><b>Theme/tag(s):</b> Advocacy, Communications</p> <p><b>Languages:</b> English, French</p>
3.20	<p><b>THE POWER OF CREATIVE AND PERFORMANCE ARTS IN SRH ADVOCACY AND AWARENESS CAMPAIGNS FOR YOUNG PEOPLE</b></p> <ol style="list-style-type: none"> <li>1. To equip young people with knowledge and skills in identifying, developing and using various creative and performance arts ( flash mobs, spoken word poetry, plays, dance narratives, creative dance, music performances) as tools to champion community advocacy and awareness on SRHR.</li> <li>2. To equip young people hands on skills in developing and executing a youth led flash mobs as a community mobilization approach.</li> </ol>

	<p><b>Host organization(s):</b> Public Health Ambassadors Uganda</p> <p><b>Facilitators:</b> Segawa Patrick, Kiiza Johnson, Ssesanga Dennis</p> <p><b>Theme/tag(s):</b> Advocacy, Communication, Performance Arts</p> <p><b>Language:</b> English</p>
3.21	<p><b>VCAT: TRY OUT AND LEARN ABOUT THE TRAINING USED TO OVERCOME PROVIDER BIAS TOWARDS ADOLESCENTS AND ABORTION"</b></p> <p>This practical session will introduce you to a commonly used training for provider and other client facing staff, designed to explore values, attitudes and stigmas relating to contraceptive and abortion services for women and adolescents. We will facilitate you through exercises and scenarios from VCAT training during this session - so please aware that this is a personal and sensitive session. This is a training that every SRHR advocate should know about!</p> <p><b>Host organization(s):</b> Marie Stopes International</p> <p><b>Facilitators:</b> Anne Parker, Sarah Shaw, Inonge Chinyama, Caroline Nambeye</p> <p><b>Theme/tag(s):</b> Training, Advocacy, Providers, Abortion</p> <p><b>Language:</b> English</p>